



East Iowa Heirloom Quilters

P.O. Box 86. Marion, IA 52302
website: <http://www.eihquilt.com>

Organized October 1980 to promote the art of
quilt making & related projects.



EIHQ guild meetings are held on the fourth Monday of the month at 9:00 am and 6:30 pm at the American Legion, 625 31st St, Marion, IA. Please contact membership chair, Brenda Mortenson at eihqmembership@gmail.com or the EIHQ website: <http://www.eihquilt.com> for more information.

Tuesday, May 28, 2024 Melinda Engelbrecht of *Quilter's Quarters* will present at meetings on "How to Deal With Panels." The workshop that day will be *Reversible As You Go* taught by Melinda from 1:00 to 4:00. The workshop is full. **(TUESDAY in stead of Monday because of the Memorial Day celebrations.)**

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From our President...

Hello!

As we flow from spring into summer, it is a time of beginnings and endings; it is a happy time for many and a time of year that always lifts my spirits. I hope that it gets your creative juices flowing and you are making something with the "borrowed" square for this month's president's challenge.

As we grow and change as a guild, we need to grow and change to meet the needs of our members. Our large group allows us to enjoy various speakers, participate in bus trips and retreats, celebrate the creations of others in our show and tell, reach out to the community through SOS and QOV, and share our love of the craft through our quilt show.

Our art has so many aspects — it can be hard to find others in a large group that share your interests and to find the time in a large group to make personal connections. We do have sew days, retreats and Bee Sewcial time to make those connections. I'd like to encourage another way that faded away after the pandemic- small groups. These groups would be based on interest and available time to meet.

If you have an interest in getting together with a group, please complete the small group survey. You can find it on our website and I will have paper copies at our May meeting. This way we can help like minded quilters connect.

<https://www.eihquilt.com/small-group-survey.html>

See you on the **fourth Tuesday** this month!

Keep quilting, Kristie Mattson

Crustless Rhubarb Pie



- 3 C chopped rhubarb,
- 1/3 C flour,
- 3/4 C sugar or substitute,
- 1/2 tsp baking powder,
- 1/2 tsp salt,
- 3 extra large eggs,
- 1 tsp vanilla,
- 1 C milk,
- 1/4 C butter melted.

Heat Oven to 375.
Grease pie plate
with butter.

Directions: Spread rhubarb on the bottom of pie plate. Mix remaining ingredients in blender and pour over rhubarb. Bake for 45—50 minutes, until cooked and set in the middle. Let set for another 15 minutes before cutting.

Gluten and Dairy free version: Substitute a plant based butter, a gluten free flour mixture of your choice, and a plant based milk. All in equal amounts ie 1 C flour for 1 C gluten free flour mix. It may take a little longer to bake. When the knife comes out clean from the center it is done or it is set.

ACTIVITIES: PROGRAMS & WORKSHOPS



May 28, 2024 **TUESDAY instead of Monday due to Memorial Day.** Melinda Engelbrecht of *Quilter's Quarters* will present at both meetings on "How to Deal With Panels." The workshop that day, Tuesday May 28th, will be *Reversible As You Go* taught by Melinda from 1:00 to 4:00. The workshop is full.

June 24, 2024 Charleen Richtsmeier and Valorie Bonk will present at both meetings and a chat about: "Let's Talk About Your Quilt". Charleen and Valorie are AQS certified quilt appraisers. The program will be looking at members quilts and discussing general information about the quilt. They discuss age, fabrics, names of blocks and other general information about the quilt.

Quilt appraisals will be done from 1:00 pm to 4:00 pm and also on Tuesday from 8:30 am to 4:00 pm by **appointment only**. A form will be provided to complete before the appraisal of your quilt. Sign up at either meeting on May 28 or contact Peggy Ruummele at EIHQPrograms@gmail.com. A deposit of \$30.00 is due at time of signup.

The appraisers will look at the quilts and recommend either a verbal consultation for \$30.00 or the written appraisal for \$60.00 that is a legal document documenting the value for insurance purposes. The written appraisal will be mailed to the owner of the quilt.

July 22, 2024 Judy Bender will be doing a trunk show at both meetings and leading a workshop on *Scrappy Appliqué*. The work shop is from 1:00 pm to 4:00 pm for a fee of \$25.00. Judy is a certified teacher of the Shannon Brinkley method.

August 26, 2024 Joyce Franklin from **Piece Works Quilt Shop** will be doing a trunk show at both the 9:00 am and the 6:30 pm meetings. From 1:00 to 4:00 there will be a workshop "Oh My Ovals". The fee for the class will be \$25.00.

Peggy Ruummele & Kris Blackford, co-chairs

ACTIVITIES: SEW DAYS & BUS TRIPS

SEW DAYS: AMERICAN LEGION, CENTRAL CITY, 9 AM – 4 PM

The cost is now \$12 due to an increase in rent at the American Legion

THURSDAY, JUNE 20 – Sign up starts at the April meeting – come join us!

THURSDAY, SEPTEMBER 19

Planning has begun for a bus trip to The Great Wisconsin Quilt show on Saturday, September 7th, stay tuned for details.. Contact me for more information!

Joanne O'Reilly, eihqactivities@gmail.com

2025 QUILT SHOW



The Quilt show dates for 2025 are July 18-19.

It will be held at **the Kohawk Arena at Coe College.**

Interested in Chairing a committee?

We need one or two for the Boutique and another one or two to coordinate the Show Sponsors.

Contact: **Kerri Grimes** or **Megan Bracy** with questions



Hello my Quilty Friends,

Do you buy patterns, books and magazines with big quilting plans?

Then you forget about them and

bring home more? Am I the only one with a large collection of patterns? I've made a plan on handling my pattern collection and actually use them. Stop by and let's share ideas.

** Also remember to bring in your latest 2024 Block of the Month to be entered in the drawing. **Cindy Unruh-Education**



Our guild Sponsors a \$50 award and a ribbon for the Best Quilt of Linn County, IA.

**Entry
Dead-
line**



Enter your Quilts

Go to the Iowa State Fair Website

Click on Participate

Click on Enter Contests,

Then click on Family Living

And then to the category:

Fabric & Thread.

There are two division:

Division 61 is for everyone

Division 67 is for Seniors.

Iowa State Fair, August 8 — 18, 2024

Fees:

- \$10 Department fee plus 50 cents per entry.
- You may only enter one item in each class.

Let me know if you have any questions or need help.

Debbie Wordehoff



Bee Sew-cial !!!



On EIHQ meeting days, from 1-4 pm, SOS ties!

You can help with an SOS project or bring your own hand-work project!

This is a great opportunity to "BEE" productive and visit with fellow quilters SEW-cially!!

Hope to see you there!!

SOS - Share our Skills

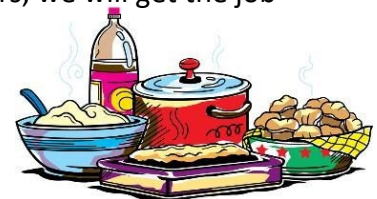


To paraphrase our President, Kristie Mattson, what's our next step? Last month, packets for black and white 4 patches were available on the SOS table. This month, packets will be available to make the 4 patches units with four 2.5" square. Sewing 4 together. SOS will then pair these units with the 4 patches you've been contributing, to make finished blocks, below. The blocks are a quasi-log cabin block, and can be arranged in similar ways.



WHAT IS THE MISSION OF SOS?

To get your beautiful quilt tops made into finished quilts, and then get them out the door into our community, to provide needed warmth. To that end, SOS will be meeting on May 15 (the third Wednesday as usual) at the Knights of Columbus, 1620 E Ave NE, from 9:00 to about 3:30. We tie quilts, envelope small quilts, sew tops and partake in a potluck lunch Julia Childs would be proud of! Come one, come all! A great time is had, and with your flying fingers, we will get the job done!



We will also be tying quilts between the meetings on the 28th (**Tuesday**) — we work until about 3:30. You needn't work the entire time; any amount of time would be great.

SOS - Share our Skills, continued



Lastly, a pix of a Rail Fence quilt of sorts, for your consideration. Perfect for your larger scraps! Our quilts don't have to be complicated, just warm!



Thanks ever so much for your enthusiasm, generosity and your 4 patches!



Diane Eimen, Pam Fenton, Becky McCarville and Suzanne Mullins



WHEN: Sunday, October 6, 2024

WHERE: Hall Perrine Cancer Center, on 10th Street, CEDAR RAPIDS, IA 52403 (*more information to follow*)

Join our Team (East Iowa Heirloom Quilters) for the *Especially for You Race* Against Breast Cancer.

[Click here](#) to find out more information about the Especially for You Race Against Breast Cancer.

If you'd like to join this Team, click the link below.

<https://runsignup.com/Race/Register/RaceGroup-1513624?raceId=34374&formfill=%7B%22email%22%3A%22eihqsmallgroup%40gmail.com%22%2C%22fname%22%3A%22EIHQ%22%2C%22lname%22%3A%22Smallgroup%22%7D>

May-Quilts of Valor®



Freedom Stitchers' Lindale QOV Presentation – April 7th



Veteran Tom Klug and family.

US Army Vietnam Veteran Tom Klug's presentation was attended by several family members and friends. One guest was 99 years old. While in the 1st Calvary Division, Tom did not receive the medals he had earned. On July 17, 2022, he was awarded the Bronze Star, Good Conduct, and Sharp Shooter medals at the American Legion in Central City. The event was featured on KCRG. He shared stories about his service, some of which, his family had never heard.



Gayle Shanstrom, Drake Coonrod, Travis & Kimberly Bell, Sgt Brandon Blue, Venie Cassel, Ben Weekly, Toni Federer & Ben Vierling

Cedar Memorial Presentation – April 28th

The April 28th presentation for eight veterans was attended by approximately 75 family members and friends.



Toni Federer: Air Force - Persian Gulf War, Operation Iraqi Freedom, Gulf War (Desert Shield & Desert Storm)

Gayle Shanstrom: Army – Vietnam.

Drake Coonrod: Army – Operation Enduring Freedom, Gulf War (Desert Shield and Desert Storm).

Osumana (Veni) Cassel: Navy – Served with the US Navy Seabees Persian Gulf War including Afghanistan.

Kimberly Bell: Army - Afghanistan, Kuwait.

Travis Bell: Army - Germany, Bosnia, Afghanistan, and 2. Kuwait.

Ben Vierling: Marines - Operation Iraqi Freedom

Benjamin Weekly: Marines – Presidential Security



May - Quilts of Valor® Continued



Upcoming QOV Presentations:

Cedar Memorial Presentation Schedule: June 30, August 25 and October 27 at 1:00pm

Lindale QOV: May 5th & May 26th at 2:00

Linn County Fair: June 30, 2024 at 10:30



Under Our Wings: Barb Brown's second UOW session has just completed with the attendees finishing their first QOV quilt tops. Suzanne Keeling will be quilting and binding their quilts.

Participants are: Ella Stimple, Gabriel Rasmussen, Ella Haulseorth, Anna Mei Masterson, Ayla Poyeh, Jacey Walker and Lucas Rasmussen.

The Destinations Project: continues to provide quilts to similar groups that are needing for Quilts of Valor for awarding their veterans. More quilts are traveling to Arkansas via the 'Underground Quilt Railroad' and quilts soon will be shipped to South Carolina.

The QOVF Continuing Destinations Program: Freedom Stitchers participated in this program by sending quilts to VA Hospitals in West Virginia, Tennessee, and California.

Lexi Milligan, the QOVF Executive Director sent this update regarding the program:

"I'm writing with an update on the Continuing Destinations Program. The QOVF board of directors recently voted to discontinue this program. It served an important purpose during its time, but QOVF has gone through much growth and needs all nominations to be standardized through our NAM system."



Hours for our Lindale QOV:

Tuesday, Thursday, and Saturday: 12:00 – 4:00pm

Monthly QOV Sew Day: May 23, 10:00am – 4:00

We encourage everyone to visit QOV in the center court lower level below the jewelry stores.



Freedom Stitchers Leadership: Team leaders and their primary roles:

Don Dixon: Co-group leader and QOVF liaison

Marilyn Dyrland: Co-group leader for Finances and Membership

Annette Rink: Documentation

Barb Brown: Under Our Wings, Public Relations & event planning

Diane Karr: Quilt log & Fabric Inventory

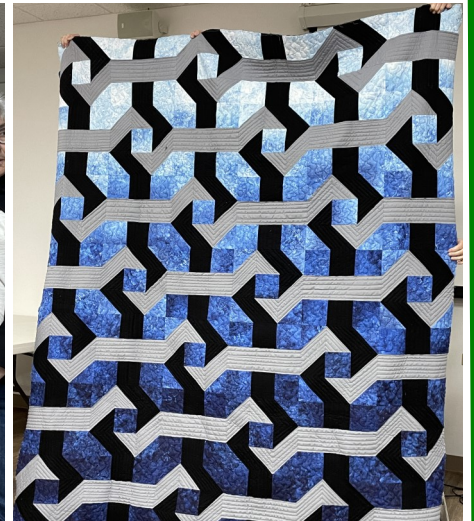
Questions about Quilts of Valor or Freedom Stitchers:

Please contact Don Dixon dondixon@aol.com or call/text: 319-654-603(cell)



SHOW & TELL

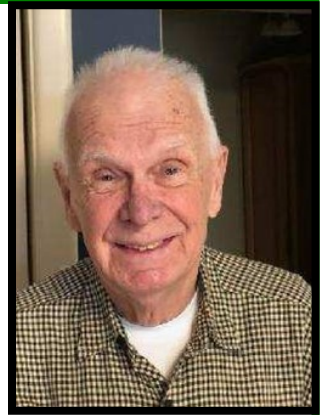
Please Note: At our meetings, if you would like to show your quilt to the group, but not have a picture in the newsletter or on the guild website, please let the Historian, Megan Bracy, know before showing your quilt. Here are a few of the quilts from our April's Show and Tell. To see more, visit the guild website at: <https://www.eihguild.com/show-and-tell>.



MEET A MEMBER



Don Dixon



EIHQ member Don Dixon is a familiar face at Guild meetings. He usually helps “hold and fold” show and tell items and is a group leader for Quilts of Valor. Joining in about 2015, he wanted to connect with other quilters and learn more about quilting. Knowing other quilters and learning new techniques are the things Don enjoys most about the group.

Don and his two siblings grew up on a farm in Moberly, Missouri. He came to the Cedar Rapids area in January 1993 taking a job with MCI, where he worked as a business analyst before retiring. He started quilting when his sister encouraged him to make quilts for his son’s wife’s twin girls. Don’s favorite part of quilting and his forte is designing the quilt! The pictures here prove that point. His quilting tip: when joining blocks with points, stitch about an inch at the points. Then check to see if the points meet accurately; if not, rip out and try again. When it’s right, stitch the whole seam.

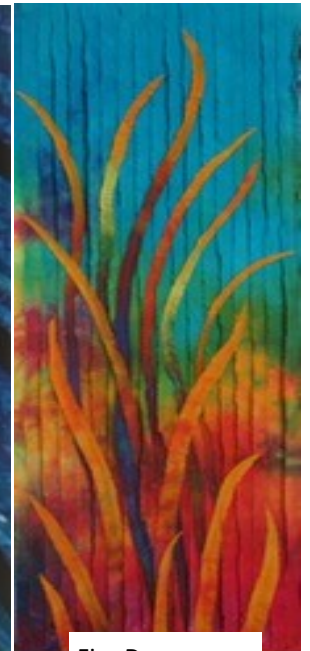
One thing we didn’t know about Don is that he loves to run, actually a very fast walk. He does about four miles a day. And he did the Turkey Trot 5K in 35minutes, 9 seconds. Don is definitely a great bundle of energy!



Defenders of Freedom IV



Golden



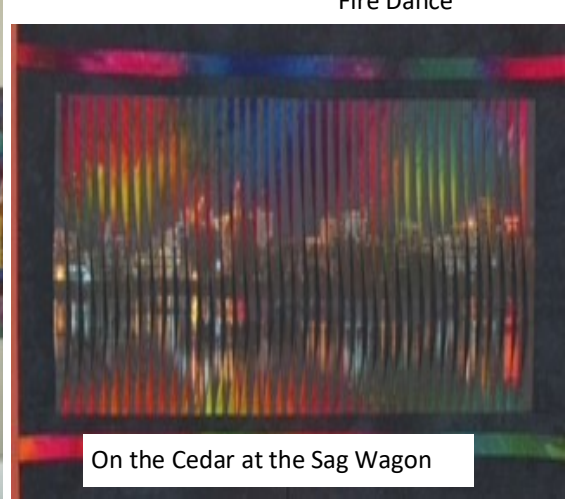
Fire Dance



Skulls



Butterflies



On the Cedar at the Sag Wagon



Membership

We have 256 members total
 31 are new members
 2 junior members
 9 rejoined

Due to added expenses, EIHQ will no longer send text messages. If you are receiving emails from EIHQ, then your contact information is okay. However, if you only receive text messages, you'll want to make sure we have an accurate email. To add an email address or to update an incorrect email address, please log onto Member Planet and make the necessary changes. If you have questions please contact me. **Brenda Mortenson, Membership**

Happy MAY Birthday to these EIHQ Members:

**Cheryl Gant, Diana Anders, Bill Brewster,
 Cindalyn Salat, Pat Bean, Jane Knapp,
 Darlene Andreatta, Allethina Harker, Jean Dunn,
 Marilyn Loan, Elizabeth Caldwell, Jean Miller
 Mary Mauer, Geneva Marsh, Ann Wickenkamp,
 Angela Anthony, Clara Taylor, Cathy Wobbe,**



**BIRTHDAYS
 THIS MONTH**

Website: Just a reminder— the webpages for members only, password changes on October 1.

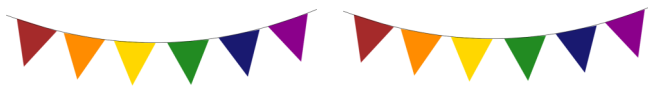
Find your new password on the back of your green 2023-2024 membership card. The website address is <http://www.eihguild.com>. Our website is a great source of information for the upcoming quilt show as well as keeping you informed about available workshops and sew days, local quilt shows, and the latest newsletter. Please check it out! **Nicole Brathwaite**



Sunshine: If you know of an EIHQ member in need of a lift of sunshine due to illness, accident, hospitalization, death, stressed, thank you, etc., please email **Marcia Hinrichs (mhinrichs123@gmail.com)** giving the reason, name, and they will receive a “personalized” card on behalf of EIHQ.

Board Meetings: The monthly Board meeting will be the third Monday of each month at 6:00 pm at Community of Christ Church, 1500 Blairs Ferry Road in Hiawatha. The next meeting will be **May 20th, 2024.**

SCRAPS, continued



Guild Financial report can be found on the EIHQ website:

<https://www.eihqguild.com/guild-financials.html>.

Any questions may be directed to **Beth Wichman, Treasurer**



As the new chair of hospitality, I welcome all quilters to EIHQ — all current members and especially new members. I remember how I felt when I first joined. It can be scary and a bit lonesome. I would love to get to know each of you better. Besides greeting you at the door, I invite all new and current members to join me for lunch to get better acquainted. This is a great group of quilting sisters! I say welcome to all.

Jan Felthous, Hospitality Chair

Library



Peggy Lowe and Gwen Durham, co-librarians, are thrilled to announce the guild library is now searchable online! Looking for a good book to read? Want to try a new technique? Need some inspiration for your next project? The EIHQ guild library has more than 500 titles for our members to explore! You can now search for your favorite author, topic, or style by visiting the Library page of the Resources section on the guild website or by going directly to the library link: librarycat.org/lib/eihqguild (If this doesn't work go to resources where you find your newsletter). Items can be requested, and we will do our best to bring it to the next meeting, holding them for you. The library check out process will remain the same, and the Librarians will continue to bring a selection of books to each meeting. Please remember to return your book promptly so other members can enjoy it as well.



If you're not getting your newsletter each month via email, please check the following: **Is it in your spam folder? *Do you have Member Planet blocked? Member Planet is used to send emails to the EIHQ membership. *Is someone else in your household that uses the same email address, deleting your EIHQ email that is sent via Member Planet? *If you use your work email, is your workplace blocking Member Planet? *Is your inbox full?*

You can always get your newsletter by going to <https://www.eihqguild.com/newsletter.html>

Sue Keller Editor, Lori Barron, co-Editor

SCRAPS, continued

Social Media EIHQ is now on Facebook and Instagram! On Facebook, we are the **East Iowa Heirloom Quilters Guild**. On Instagram, we are

[@eihquguild.com](http://eihquguild.com) Look up EIHQ on either platform for reminders, meeting recaps, and so much more! **Leah Fitch**

Block of the Month We will be offering the Block of the Month at both the morning AND evening meetings in May! Stop by the table and purchase your block kit (s) for \$1 each. We will draw a winner at the next meeting!

Suzy & Leah Fitch

Board Members

President Kristie Mattson	408-307-6437	eihqpresident@gmail.com
Vice President Debbie Wordehoff	319-389-5550	eihqVP@gmail.com
Secretary Anita Gillett	319-551-0443	eihqsecretary@gmail.com
Treasurer Beth Wichman	623-414-0547	eihqtreasurer@gmail.com
Program Co-Chair(23/24) Peggy Ruemmele	319-364-0302	eihqprograms@gmail.com
Program Co-Chair(23/24) Kris Blackford	319-721-9136	eihqprograms@gmail.com
Program Co-Chair(24/25) Karen Bullard	319-929-4211	eihqprograms@gmail.com
Program Co-Chair(24/25) Kerri Grimes	714-309-8622	eihqprograms@gmail.com
Membership Brenda Mortenson	319-269-7738	eihqmembership@gmail.com
Librarian Peggy Lowe	319-855-8952	eihqlibrarian@gmail.com
Co-Librarian Gwen Komala Durham	708-297-4996	gwen.komala@gmail.com
Hospitality Jan Felthous	920-988-1339	janicfelthous@gmail.com
Newsletter Editor Sue Keller	319-321-0203	eihqnewsletter@gmail.com
Newsletter Co-editor Lori Barron	563-920-3709	eihqnewsletter@gmail.com
Historian Megan Bracy	319-981-0726	eihqhistorian@gmail.com
Education Cindy Unruh	859-630-4121	eihqeducation@gmail.com
Publicity Nan Fowler	319-651-1188	eihqpublicity@gmail.com
Activities Joanne O'Reilly	641-751-0038	eihqactivities@gmail.com
Website Nicole Brathwaite	319-431-5477	eihqweb@gmail.com
Social Media Leah Fitch	319-550-8247	eihqsocialmedia@gmail.com
Technology Suzy Fitch	319-550-8246	eihqtechnology@gmail.com
Share our Skills (SOS) Suzanne Mullins	319-396-7162	suzmullins@mchsi.com
Quilts of Valor Don Dixon	319-654-6035	Freedomstitchersofiowa@gmail.com
Sunshine Person Marcia Hinrichs	319-361-4900	mhinrichs123@gmail.com
Block of the Month Suzy & Leah Fitch	319-550-8246	srfitch5@gmail.com
Buy and Sell Gail Williams	319-651-6996	paulgailw@gmail.com
Quilt Show Co-chair Megan Bracy (24-25)	319-981-0726	eihquiltshow@gmail.com
Quilt Show Co-chair Kerri Grimes (24-25)	714-309-8622	eihquiltshow@gmail.com

MAY/JUNE 2024 EIHQ CALENDAR

Monday

13

Week 2

Tuesday

14

Freedom Stitchers
12-4 Lindale Mall

Wednesday

15

SOS 9—3:30
Jennifer Chiavrini
@ Marion Public Library
6PM
WEEK 3

Thursday

16

Freedom Stitchers
12-4 Lindale
Mall

Friday

17

Sat/Sunday

18/19

Freedom Stitchers
Sat.12-4
Lindale Mall

20

Board Meeting
6 pm
Week 3

21

Freedom Stitchers
12—4 Lindale Mall

22

WEEK 4

23

QOV Sew Day 10—4
Lindale Mall

24

25/26

Freedom Stitchers
Sat.12-4 Lindale Mall
Lindale QOV presenta-
tion 2:00

27



observed

28

Guild Meetings
9am & 6:30pm

Week 4

29

Newsletter Articles
Due June 3rd

WEEK 5

30

Freedom Stitchers 12—4
Lindale Mall

Actual Memorial Day

31

JUNE 1/2

Freedom Stitchers
Sat.12-4 Lindale Mall
All Iowa Shop Hop
starts today!

3

Articles for
Newsletter due
Week 1

4

Freedom Stitchers
12—4 Lindale Mall

5

6

Freedom Stitchers
12—4 Lindale Mall

7

8/9

Freedom Stitchers
Sat.12-4 Lindale Mall

June 5—8 Iowa Quilt Festival, Winterset Iowa

10

Week 2

11

Freedom Stitchers
12—4 Lindale Mall

12

SOS 9—3:30

13

Freedom Stitchers
12—4 Lindale Mall

14

Portrait group
Marion Library
Board Room
1-3

15/16

Freedom Stitchers
Sat.12-4 Lindale Mall

17

Board meeting 6:30
Week 3

18

Freedom Stitchers
12—4 Lindale Mall

19

20

Freedom Stitchers
12—4 Lindale Mall

21

22/23

Freedom Stitchers
Sat.12-4 Lindale Mall

AREA EVENTS

May 15th, 6 P.M. Marion Public Library—Swamp Fox Bookstore is sponsoring a conversation and book signing with Jennifer Chiaverini.

June 1 – July 31 - All Iowa Shop Hop <https://alliwashophop.com/>

June 5 – 8, - Iowa Quilt Festival, Winterset

For more information: <https://www.iowaquiltmuseum.org/events/madison-county-iowa-quilt-festival/>

Sept. 26, 27, 28, - Des Moines Area Quilters Guild Show, Iowa State Fairgrounds

<https://dmaqg.org/quilt-show/>

Oct. 18 & 19, - Mississippi Valley Quilt Guild Show, Davenport fairgrounds

<https://mvqg.org/great-river-quilt-show>

Nov. 3rd & 4th - N.E. Iowa Heartland Quilt Guild Show, Delaware County Fairgrounds, Manchester, Iowa



Check out our BUY & SELL Options

Many items are for sale, free, asking to be borrowed or asking for help. Visit our website's **Buy & Sell** page for more information. Feel free to use this option in place of the free table that we have discontinued.

- Nolting #351 longarm on Gammill wooden frame
- Free Bags of Fabric scrapes from T-shirt Quilts. Great for stuffing Dog beds!
- 3 Free Bags of Scraps sorted by warm colors, cool colors and neutrals, most scraps less than 12 inches.


If you would like to enter items for sale or items wanted on our website's Buy/Sell section, go to EIHQguild.com, select "Membership" then "Members Only" then "EIHQ Buy/Sell". Click on the button labeled "EIHQ Buy/Sell Form" to open the Google Form to enter your information. Your item will stay on the list for up to 3 months. You will need the password from the back of your membership card.

If you want to view the list of items for sale/items wanted, go to EIHQguild.com, select "Membership" then "Members Only" then "EIHQ Buy/Sell". Click on the button "EIHQ Items for Sale/Items for Purchase". Note that this spreadsheet can only be updated using the Google Form.

GUILD GROUPS

June 14--Portrait Group meets at the Marion Library Boardroom from 1pm-3pm. Contact **Kristie Manson** for more information at EIHQpresident@gmail.com **If your small group is open to new members, contact eihqneswletter@gmail.com before the 3rd of the month. For interested members, please provide the group name, date and location of your next meeting,**

Thank you to our Advertisers!



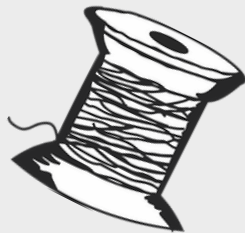
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Nan Fowler
 Owner

3603 White Oak Road SE
 Cedar Rapids, Iowa 52403

NiftyStitchesbyNan@gmail.com




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